



## Cyber Behavior & Technology Resources

<i>Resource</i>	<i>Description</i>	<i>Website</i>
<b>Shape the Sky: Creating Responsible Kids on Smartphones</b>	Check out our website for downloadable material, blogs, upcoming trainings and to find a certified therapist near you. Our social media outlets, including Facebook, Instagram, Twitter and Tumblr, will feature current cyber trends and mental health resources.	<a href="http://www.shapethesky.org/">http://www.shapethesky.org/</a> <a href="https://www.facebook.com/shapethesky/">https://www.facebook.com/shapethesky/</a> <a href="https://www.instagram.com/shapethesky/">https://www.instagram.com/shapethesky/</a> <a href="https://twitter.com/shapetheskyryan">https://twitter.com/shapetheskyryan</a> <a href="https://shapethesky.tumblr.com/">https://shapethesky.tumblr.com/</a>
<b>Shape the Sky Where to Report Revenge Porn Guide</b>	Revenge Porn is defined as "the act of distributing intimate photography through different means without the individuals consent."	<a href="http://www.shapethesky.org/revenge-porn/">http://www.shapethesky.org/revenge-porn/</a>
<b>The Cyberbullying Research Center Dr. Justin Patchin &amp; Dr Sameer Hinduja</b>	Cyberbullying resources. Downloadable forms on how to deal with cyberbullying.	<a href="https://cyberbullying.org/">https://cyberbullying.org/</a>
<b>Connect Safely Larry Magid</b>	Tips, safety advice, articles, video and other resources to promote safe and productive use of technology.	<a href="http://www.connectsafely.org/">http://www.connectsafely.org/</a>
<b>Safe Kids</b>	One of the oldest and most enduring sites regarding Internet safety.	<a href="http://www.safekids.com/">http://www.safekids.com/</a>
<b>Larry's World</b>	Larry serves as on-air technology analyst for CBS News	<a href="http://www.larrysworld.com/">http://www.larrysworld.com/</a>
<b>Embrace Civility Nancy Willard</b>	Addresses bullying and youth risk in the digital age. Provides tools to encourage young people to be positive advocates in the battle against cyberbullying.	<a href="http://www.embracecivility.org/">http://www.embracecivility.org/</a>
<b>Net Family News Anne Collier</b>	The "community newspaper" providing information about technology.	<a href="http://www.netfamilynews.org/">http://www.netfamilynews.org/</a>
<b>Cyberbullying State Laws</b>	List of the cyberbullying laws organized by state	<a href="https://cyberbullying.org/bullying-laws">https://cyberbullying.org/bullying-laws</a>
<b>Netsmartz 6 Degrees of Information</b>	Video about how easy it is to find personal information online.	<a href="https://www.netsmartz.org/RealLifeStories/6DegreesOfInformation">https://www.netsmartz.org/RealLifeStories/6DegreesOfInformation</a>
<b>Take This Lollipop Facebook interactive video clip</b>	A short video to teach kids about the importance of privacy through Facebook. Requires a Facebook account to use.	<a href="http://www.takethislollipop.com/">http://www.takethislollipop.com/</a>
<b>Stop Bullying</b>	Explains why cyberbullying is different from traditional bullying, what you can do to prevent it, and how you can report it when it happens.	<a href="http://www.stopbullying.gov">http://www.stopbullying.gov</a>

# Creating Responsible Kids on Smartphones



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## Mental Health Resources

<i>Resource</i>	<i>Description</i>	<i>Website</i>
<b>Substance Abuse and Mental Health Services Administration (SAMHSA)</b>	Substance abuse and mental health resources and information	<a href="http://www.samhsa.gov/">http://www.samhsa.gov/</a>
<b>SAMHSA - Free Publications</b>	Order free publications	<a href="http://www.store.samhsa.gov/">http://www.store.samhsa.gov/</a>
<b>National Suicide Prevention Lifeline</b>	The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources.	<a href="http://www.suicidepreventionlifeline.org/">http://www.suicidepreventionlifeline.org/</a> Phone: 1-800 -273- TALK (8255)
<b>Crisis Text Line</b>	Text 741741 from anywhere in the USA to text with a trained crisis counselor	<a href="https://www.crisistextline.org/">https://www.crisistextline.org/</a>
<b>Prevent Suicide PA</b>	Free trainings and resources for suicide prevention	<a href="https://www.preventsuicidepa.org/">https://www.preventsuicidepa.org/</a>
<b>The STAR Center Pittsburgh PA</b>	Services for Teens At Risk (STAR) is a program that combines clinical and outreach services designed to combat the problem of adolescent suicide.	<a href="http://www.starcenter.pitt.edu/">http://www.starcenter.pitt.edu/</a>
<b>National Eating Disorders Association (NEDA)</b>	The National Eating Disorders Association (NEDA) is the leading non-profit organization in the United States advocating on behalf of and supporting individuals and families affected by eating disorders.	<a href="http://www.nationaleatingdisorders.org/">http://www.nationaleatingdisorders.org/</a>
<b>S.A.F.E. Alternatives for Stopping Self Abuse</b>	Information about preventing self-injurious behaviors.	<a href="http://selfinjury.com/">http://selfinjury.com/</a>
<b>The Demi Brae Cuccia Awareness Organization- Teen Dating Violence</b>	Information and resources for prevention and intervention of youth dating violence	<a href="http://demibrae.com/">http://demibrae.com/</a>
<b>National Domestic Violence Hotline</b>	Digital dating abuse warning signs.	<a href="http://www.thehotline.org/2014/03/18/w hat-is-digital-abuse/">http://www.thehotline.org/2014/03/18/w hat-is-digital-abuse/</a>
<b>Half of Us</b>	Campaign that featuring students and celebrities who have experienced mental health issues such as depression that share how they coped and received help.	<a href="http://www.halfofus.com">http://www.halfofus.com</a>
<b>Aavidum</b>	Aavidum with support from the Minding Your Mind Foundation seek to reduce the stigma often associated with mental health especially involving youth and their families and schools.	<a href="http://aavidum.com/">http://aavidum.com/</a>
<b>Ulifeline Sponsored by the Jed Foundation</b>	Mental health information and resources for college age students.	<a href="http://www.ulifeline.org/">http://www.ulifeline.org/</a>
<b>The Trevor Project</b>	Support and provides crisis intervention services to lesbian, gay, bisexual, transgender & questioning youth.	<a href="http://www.thetrevorproject.org/">http://www.thetrevorproject.org/</a> Phone: 866-488-7386

